

# *Extra-Curricular Activities and IHSA Guidance*



- During Remote and Remote Plus learning, the District will make efforts to continue those activities that can be delivered remotely to the extent practical. *Sports and activities that require physical contact may be suspended, reduced, or modified based on the IHSA and Illinois Department of Public Health guidelines.*
- During Remote Blended learning, activities may be able to proceed traditionally, with enhanced social distancing procedures. Afterschool sports and activities are subject to IHSA, IDPH and ISBE regulations.
- IHSA COVID-19 information: <https://www.ihsa.org/Resources/COVID-19>