

'The only person that will beat me is myself'

Two-way star Randi McKay was the driving force for 31-3 Downers Grove South

By JOSHUA WELGE
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Two people believed that Randi McKay should play varsity softball three years ago as a freshman.

One was then Downers Grove South head coach Ron Havelka. The other was his assistant, current coach Jim Cushing.

A spring break trip changed all that.

McKay, playing center field, hit a triple to knock in the winning runs off a pitcher that would go on to play at Florida.

"It's funny, he remembers it, my family remembers it, and I remember it," McKay said. "That was fun. That kind of boosts your confidence. You kind of realize that you are good enough."

Oh, McKay was more than good enough.

She started every game as a freshman for a team that went 36-4, taking third in the state in Class 4A. And she was just getting started.

This season, as a senior, McKay was a dynamic two-way threat for a team that defied even its own coach's expectations. Downers Grove South went 31-3, winning 24 straight games until the sectional final.

On the mound, McKay went 22-3 with a 2.16 ERA and 183 strikeouts in 155.2 innings. She threw two play-off shutouts, and was brilliant in the Mustangs' 2-1, 10-inning sectional loss to Geneva, beaten on a dropped fly ball. At the plate, McKay hit .411 with nine doubles, seven homers and 48 RBIs – and the go-ahead homer in the sectional semifinal.

The efforts make Randi McKay the Suburban Life Player of the Year.

"From her standpoint, she did as good as she could have done all the way around," Cushing said. "She really had a complete year."

Cushing chuckles with a hint of pride at how McKay the freshman performed in 2016 for a state team that featured an all-Division I infield.

"She has that hit in Florida



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Downers Grove South's Randi McKay is the Suburban Life Softball Player of the Year.

to drive in the winning runs and we're thinking, 'Do we have something here or did we get lucky?'" Cushing recalled. "She continued to defy the odds as a freshman. We had a lot of talented seniors, and you don't want to make a mistake when they're on the field. Randi comes from a family of talented athletes. I think that helps her."

Indeed, the athletic gene in the McKay family clearly took.

McKay's dad, Ross, was a professional hockey goaltender. He notably got in one game with the Hartford Whalers, now the Carolina Hurricanes, during the 1990-91 season. Randi's older brother, Dryden, is one of the top goaltenders in college hockey as a freshman, and this year helped lead Minnesota State to its sixth NCAA Division I Tournament appearance.

Neither is the most competitive family member, though. That's mom.

That competitive fire burns bright in Randi McKay, who seemed at her best on the mound with runners on base.

"I don't want anybody to beat me. They have to earn it," said McKay, who will play collegiately at Wis-

consin-Green Bay. "I zone in and believe in myself. If there are runners on, I don't want them to score. I was lucky to have the defense behind me that made big plays."

While not overpowering with velocity – Cushing estimated she threw in the mid 50s – McKay won big with savvy and smarts.

"She knows when to throw her changeup. Once in a while, she makes a mistake throwing an 0-2 pitch down the middle, but she didn't do that too much this year," Cushing said. "She really improved in her pitch selection and accuracy. She is a student of the game."

At the plate, McKay's batting average probably didn't reflect how tough of an at-bat she was. There's nobody Cushing would want up more in a tight spot.

She struck out just seven times this season, three as a junior, barely 20 her whole high school career.

"I just hate to ... I don't want to strike out," McKay said. "I know I'm going to fight for every pitch, no matter where it is. I don't want somebody to beat me. The only person that will beat me is myself. If it happens, it happens, but they have to earn it."

Suburban Life Media All-Area Softball Team

■ **CARLY BRIGGS, WHEATON WARRENVILLE SOUTH, JUNIOR, SECOND BASEMAN:** Two-time all-conference selection hit .394 with seven doubles, three homers, 25 RBIs and 21 runs scored for 23-10 regional champs. Made just one error at second base.

■ **CAROLINE CAESAR, ST. FRANCIS, SENIOR, CATCHER:** Hope College commit hit .528 with 13 doubles, 11 homers, two triples, 43 RBIs and 21 runs scored in leading 26-4 Spartans to first state appearance. Hit four homers in a game against St. Edward.

■ **CARLEE CLARK, ST. FRANCIS, SENIOR, PITCHER:** Southern Illinois recruit went 17-2 with a 1.82 ERA and 190 strikeouts in 154 innings for Class 3A state runner-up. At the plate, she hit .490 with 13 doubles, three triples, 10 homers, 40 runs scored and 43 RBIs.

■ **ESTELLE CZECH, DOWNERS GROVE NORTH, JUNIOR, PITCHER:** Boston College recruit went 16-4 with a 1.60 ERA, 232 strikeouts and a .85 WHIP for the 24-win West Suburban Silver champs. At the plate, Czech hit .432 with a .528 on-base percentage and seven homers, 27 RBIs and 20 runs scored.

■ **LAUREN DERKOWSKI, YORIK, SOPHOMORE, PITCHER:** Michigan recruit who led Dukes to state as a freshman struck out 241 over 124 innings with a 2.20 ERA. Hit .286 at the plate.

■ **ANNEMARIE KNUDTSON, WILLOWBROOK, SOPHOMORE, SECOND BASEMAN:** Hard-hitting sophomore led Warriors to 20-win season, hitting .461 with 14 doubles, eight homers, 33 RBIs and 37 runs scored.

■ **ELLA LITTLE, GLENBARD SOUTH, SENIOR, PITCHER:** Four-year starter and Alma College commit broke Jill Trzaska's career strikeout record, finishing with 608. This season, Little went 17-4 with a 1.32 ERA and 215 strikeouts in 122.1 innings. At the plate, she hit .466 with nine doubles, three triples, four homers and 37 RBIs.

■ **RANDI MCKAY, DOWNERS GROVE SOUTH, SENIOR, PITCHER:** Suburban Life Player of the Year went 22-3 with a 2.16 ERA and 183 strikeouts over 155.2 innings for 31-3 sectional finalists. At the plate, McKay, a Wisconsin-Green Bay recruit and four-year starter, hit .411 with 19 doubles, seven homers, 48 RBIs and 43 runs scored.

■ **EMILY NOEL, RIVERSIDE-BROOKFIELD, JUNIOR, CATCHER:** Hard-hitting catcher hit .431 with 12 homers, seven doubles and 50 RBIs for 25-4 sectional finalists. Also scored 37 runs.

■ **NADIA RANIERI, RIVERSIDE-BROOKFIELD, JUNIOR, PITCHER:** Dynamic two-way threat hit .516 with seven doubles, two homers, 53 runs scored and 23 RBIs for 25-4 sectional finalists. On the mound, she went 16-3 with 175 strikeouts in 129.1 innings.

■ **SYDNEY RAU, DOWNERS GROVE SOUTH, JUNIOR, CENTER FIELDER:** Stellar defensive outfielder hit .481 with eight doubles, nine triples and seven homers, driving in team-high 57 runs while scoring 47 runs, tied with Maggie Greco for team lead.

■ **KAITLYN WILSON, DOWNERS GROVE SOUTH, SENIOR, FIRST BASEMAN:** Cleanup hitter led Mustangs' starters with a .495 average while belting team-high 12 homers with 45 RBIs. Also hit 10 doubles and scored 39 runs.

BASEBALL PLAYER OF THE YEAR

IN THE FAST LANE

Nazareth senior Michael Prosecky's career path pointing north with increased velocity

By BOB NARANG

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By adding a few miles to his fastball, Michael Prosecky's career path changed dramatically.

A year ago, Prosecky wrapped up a solid junior season for Nazareth. He finished with a respectable 3-3 record with 55 strikeouts in 35 innings.

The left-hander showed promise with a fastball in the low 90s, but after allowing five hits and three runs in an 8-1 loss to Morton in a Class 3A state semifinal, Prosecky was still a work in progress.

Everything changed for Prosecky at the Area Code Games tryouts early last summer.

That's when Prosecky's career trajectory started rapidly aiming north after he was clocked at 95 mph on the radar gun. Two years ago, Prosecky's fastball ranged from 83 to 88 mph, Nazareth coach Lee Milano said.

"I didn't even realize I could do that because I had only gotten to 91 before that," Prosecky said. "[Ninety-five] was a different feeling, kind of shocked me. Adrenaline is a powerful thing. It was crazy. I didn't know I was capable of doing that. What's weird is it feels like slower [at 95] mainly because everything is working in sync."

"It doesn't feel like I'm trying hard. It's a different feeling. That's when I realized that the expectations would be higher."

Prosecky consistently was in the low 90s throughout his senior season, living up to the hype and exceeding even his own lofty expectations in being named the 2019 Suburban Life Baseball Player of the Year.

The Louisville recruit compiled a 6-1 record with one save, finishing with a 1.12 ERA in 49 2/3 innings. He struck out 77, walked 22 and allowed eight earned runs and just 38 hits. He did all that while facing a loaded schedule that included pitching against Marist, Joliet Catholic, Brother Rice and Marian Catholic.



Shaw Media file photo

Nazareth's Michael Prosecky is the Suburban Life Baseball Player of the Year.

Besides his personal success on the mound, Prosecky said he cherished the bonds he built with his teammates despite the Roadrunners losing six starters from last season's third-place team.

"This season was really fun," Prosecky said. "It was awesome from the beginning. The team really clicked and all the guys were on the same page and just went out there and competed and did their jobs. As a whole, it was great for me because I was able to go out there and compete and block all the outside stuff out."

There certainly was a lot of "outside stuff" for Prosecky in the past 11-plus months. Since last June, Prosecky became a coveted pitcher for major league baseball teams. He met with 20 MLB organizations for in-house visits during the off-season. Despite his commitment to Louisville, Prosecky was selected in the 35th round of the 2019 MLB Draft by the Philadelphia Phillies.

Prosecky said he maintained an open mind throughout the draft process.

"As the draft got closer and closer, I was leaning toward school," he said. "Take money out of the equation, it was about where would I be happy. The whole experience

of college, being a student-athlete meant something. If I signed, it would be gone forever."

Prosecky acknowledged he felt the pressure of performing at a high level. Milano said Prosecky regularly pitched in front of more than a dozen scouts each outing. Prosecky said he would let scouts know, via a scouting website, when he was pitching.

"To be able to handle that pressure was amazing," Milano said. "He was unflappable on the mound. The progress he made from sophomore year to now is amazing."

Prosecky credited a stronger mental approach to his improvement on the mound this season. The Westchester resident expressed excitement over the limitless possibilities his career entails after his experience with dealing with numerous major league baseball organizations.

"It's amazing, got my feel wet from an experience so many people would love to experience," he said. "I'm so blessed to have gone through that and super excited what the future holds and am trying to be ready to get after it at the next level and hopefully I will back here in a couple of years and it all works out."

Suburban Life Media All-Area Baseball Team

- **JACK BLAZEVICH, DOWNERS GROVE SOUTH, JUNIOR, INFILDER:** Capped a solid season by batting .436 with four home runs and 23 RBIs to go with a 1.250 OPS while playing shortstop and second base.
- **BRET BUSHKA, GLENBARD EAST, SENIOR, CATCHER:** A football recruit set to attend Butler, Bushka also shined on the diamond. He batted .451 with 33 RBIs and 37 runs scored along with 22 steals and a 1.204 OPS.
- **JACK HINES, WILLOWBROOK, SENIOR, SHORTSTOP:** Batted .443 with 33 RBIs while smashing seven triples and 11 doubles. He was a perfect 30-for-30 on stolen base attempts and ended with a .592 on-base percentage. Hines was named the West Suburban Gold MVP.
- **TOM JURACK, HINSDALE CENTRAL, JUNIOR, OUTFIELDER:** The Illinois recruit had a memorable season, batting .449 with four homers, 22 RBIs, 24 runs scored and nine doubles. He added a triple and finished with a 1.211 OPS percentage.
- **NICK KOSMETATOS, ST. FRANCIS, SENIOR, SHORTSTOP:** The Butler signee was stellar at shortstop and on the mound this season. He batted .350 with seven homers and 22 RBIs, while striking out 102 batters and tallying a 0.47 ERA.
- **DAN MACHAJ, LYONS, SENIOR, THIRD BASEMAN:** Batted .370 to finish with a .438 on-base percentage. He hit three home runs, drove in 25 runs and scored 27 runs to end with a .576 slugging percentage. He was named the West Suburban Silver Player of the Year.
- **RYAN MINTZ, WILLOWBROOK, SENIOR, PITCHER:** Posted a 7-2 record with a sterling 1.13 ERA. Named the West Suburban Gold Pitcher of the Year. Mintz struck out 67 batters this season.
- **ANDY NELSON, WHEATON NORTH, JUNIOR, SHORTSTOP:** The Iowa recruit was named the DuKane Conference Player of the Year after belting seven home runs and driving in 29. He finished with a .451 batting average and tallied a 3-0 record with 33 strikeouts in 33 1/3 innings on the mound.
- **MICHAEL PROSECKY, NAZARETH, SENIOR, PITCHER:** The Louisville recruit put up impressive numbers in a tough conference, compiling a 6-1 record with one save. He struck out 77 in 49 2/3 innings to end with a 1.12 ERA.
- **RYAN ROSS, YORK, SENIOR, INFILDER/OUTFIELDER:** A versatile player capable of playing several positions, the Cornell recruit batted .418 with four homers, 23 RBIs and scored 43 runs while stealing 22 bases to spark the Dukes from the leadoff spot.
- **MICHAEL SCLAFANI, MONTICINI, JUNIOR, PITCHER:** His strong pitching in the playoffs was one of the main factors in the Broncos winning the Class 3A state championship. He compiled a 7-4 record to go with 79 strikeouts in 62 innings. Winning pitcher in sectional final and state semifinal. At the plate, he batted .396 with nine doubles to end with a team-high 37 RBIs.
- **MICHAEL WALSH, LYONS, SENIOR, PITCHER:** Named the West Suburban Silver Pitcher of the Year. He finished with a 6-1 record in 39 innings, compiling 58 strikeouts and walking just 13 to post a 1.26 ERA. Will play collegiately at Yale.

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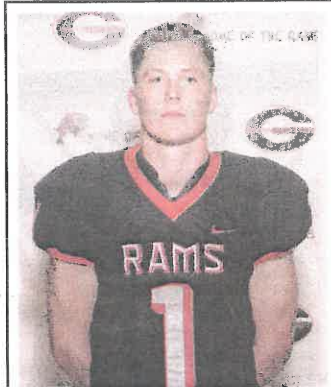
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Athlete of the Week



Jeremy Johnson
Glenbard East
Football
Athlete of the Week



Nick Kosich
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Basketball
Athlete of the Week



Caitlyn Kulczynski
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Basketball
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Tatiana Thomas
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Taris Thornton
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IC Catholic Prep's Zach Jordan has big plans for senior season

By BOB NARANG
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BATAVIA – IC Catholic Prep's Zach Jordan is a typical basketball player with big aspirations for his senior season.

Jordan, a shooting guard, had an eye-opening venture in his first full season on the varsity for the Knights last season.

Jordan quickly realized that playing on the varsity required a laundry list of improvements.

As Jordan enters a critical five-month stretch in the offseason, he's focused on becoming better at many aspects of his game.

"I have to get more physical, put a lot more shots up," Jordan said. "I also have to get bigger and stronger and just get better."

"I want to work on my ballhandling, finishing and my shot. I still have a lot to improve on, especially my defense. That's where I need a lot of work. I have gotten a lot better on defense, but still have a long ways to go. I'm excited."

Jordan and the Knights were in action this past weekend at the Hoop Mountain Summer Shootout at Batavia.

So far, after the season ended three-plus months ago, Jordan has added "seven to eight pounds" to up his weight to 145 pounds. Jordan said he's extended his range to nearly 24 feet. He



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IC Catholic Prep's Zach Jordan shoots the ball during the Hoop Mountain Summer Shootout on June 14 at Batavia High School.

averaged nearly 10 points per game last season.

ICCP coach TJ Tyrrell said Jordan has been a key asset in the program since he brought him up to the varsity during the playoffs in his sophomore year. Tyrrell said Jordan's shooting is a key factor that opens up the floor for point guard Chauncey Lee and his teammates.

"Zach has a very quick release," Tyrrell said. "He doesn't need a lot of space on his shot. He shot a consistently high

percentage last year. He's worked on his ballhandling and defense this summer. Last year he was mainly an offensive player. He's already taken some charges this summer."

The development and chemistry between ICCP's backcourt tandem of Lee and Jordan is a key element for a team without much interior size. The Knights struggled to get wins last season, finishing with an 11-17 record.

"We don't have a ton of size and will

be relying on high-pressure defense, a lot of trapping, picking up tempo and creating offense from our defense," Tyrrell said. "In the past, we have been more conservative, controlled the clock and tempo, but with the athleticism and outside shooting we have, we take advantage of those aspects this year."

The Knights' offense will revolve around the playmaking abilities of Lee. A defensive back on ICCP's Class 4A state championship team, Lee is a dynamic player capable of taking over a game with his penetration skills. The junior point guard can create his own offense and be a menace on defense with his physicality.

"He's a fun player to watch, gotten stronger and starting defensively to become an asset by outmuscling kids, ripping the ball from them," Tyrrell said of Lee. "His quickness is up there with any guard in the area. He's extremely hard to guard in transition."

"In one-on-one situations, he will beat anyone. Guys will have to help off, extend guys in the gap, leave players open like Zach."

Jordan said he's been working with Lee to develop a bond on the court that helps the team.

"Chauncey is our best ballhandler, and we have a good thing with him," he said. "He can get to the paint and finish, and if he sees me, he will kick it and I will try and knock it down."

Speedy, undersized Willowbrook welcomes Sam Tumilty's toughness

By JOSHUA WELGE
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Willowbrook's Sam Tumilty dribbles the ball during the Hoop Mountain Summer Shootout on June 14 at Batavia High School.

BATAVIA – Sam Tumilty strolled out of the gym with a basketball in hand, a White Sox cap high on his head.

He's indeed a man for all seasons.

Tumilty, a senior at Willowbrook, was an All-State quarterback last fall. That hasn't kept him from sticking with baseball and basketball, where he'll be a key player for the Warriors this season.

Tumilty and Willowbrook's basketball team were in action this past weekend at the Hoop Mountain Summer Shootout at Batavia.

"It's just the love of the sports, and the competing, trying to help every team I play on the best I can," Tumilty said of his commitment to three sports. "I've been enjoying it. I like the change in seasons."

He's been a busy man in June.

Tumilty goes to basketball practice and baseball in the morning, then football workouts in the afternoon. In the evening, it's back to basketball.

The schedules work. Willowbrook's basketball camp just ended and football is about to start.

"It's been good, playing a lot of basketball, getting our team chemistry down in basketball, getting conditioned," Tumilty said. "June is a heavy month, so it's been pretty busy. But it's good."

On the football field last fall, Tumilty threw for 2,530 yards and 30 touchdowns and ran for 1,270 yards and 16 TDs in leading Willowbrook to its second West Suburban Gold title and third straight state quarterfinal appearance.

He had a memorable playoff game in defeat at Batavia, throwing three touchdowns in the fourth quarter to lead the Warriors from 17 points down in an overtime loss. Tumilty has no offers yet, but is talking to smaller Division I schools and DIIs and DIIs for football.

His toughness is welcome on a speedy, but undersized Willowbrook basketball team.

"He brings the leadership, communication, grit and most importantly the toughness. He's an All-State quarterback," Willowbrook coach Chris Perkins said. "He adds a lot to our team and helps make us go."

He's a nice wingman for Everett Stubblefield III.

Stubblefield, a senior guard, averaged 19.2 points, 3.7 assists and 3.1 steals last season, his first full year at the varsity level. He's one of the most dynamic guards around.

Stubblefield and Tumilty have been Willowbrook's top two scorers in recent action.

"He's explosive," Perkins said of Stubblefield. "He averaged 20 points per game as a junior and he'll probably increase that to 25. He's been having a lot of high-scoring games, rounding out his game."

With Stubblefield and four other players gone for summer school, Willowbrook went 2-1 in the first day at Hoop Mountain, losing by one to Naperville North at the buzzer.

Perkins noted that 6-foot-3 Jeremiah Robinson has been playing great, Jalen Flowers is rounding into form coming off an ACL injury and Sam Bruns is knocking down shots.

"I think we'll be pretty fast," Perkins said. "We're undersized, so we have to play fast. Everybody is just trying to get acclimated to their new roles. We have a nice nucleus. We're trying to build that continuity with a new group."

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CHRIS FOX PHOTOS Villa Park Review
About 200 people took part in Saturday's 13th annual Lauren M. Kiefer 5K Family Run/Walk in Villa Park. The run/walk began and ended outside of Willowbrook High School. One photo (right) shows members of the school's marching band, who led the runners and walkers to the start line at Ardmore Avenue and Riordon Road. The top picture shows several runners heading east on Riordon at the start of the race. Villa Park resident Isaac Trostle (bib No. 965), who graduated from Willowbrook in 2010, is shown as he approaches the finish line during his first-place performance. Trostle, who was a member of Willowbrook's boys cross country and track teams, finished Saturday's race in a winning time of 17 minutes, 40.7 seconds. Maria (Cicero) Lindberg (bib No. 494) of Elmhurst won the female title and finished second overall. She completed the race in 18 minutes, 30.9 seconds. Ben Cunneen (bib No. 378) of Villa Park, who is currently a member of Willowbrook's boys cross country and track teams, turned in a third-place time of 20:06. Cunneen recently finished his sophomore year at Willowbrook.

Run/walk honors the memory of Lauren Kiefer

Event raises funds for local charities and provides scholarships for Willowbrook students

The 13th annual Lauren M. Kiefer 5K Family Run/Walk took place on Saturday morning in Villa Park. The run/walk started and finished outside of Willowbrook High School.

The event honors the memory of Lauren Kiefer, a 2000 graduate of Willowbrook High School. All proceeds from the run/walk benefit the Lauren M. Kiefer Memorial Foundation, which provides funding to local families and groups.

The foundation also provides scholarships to Willowbrook students. Kiefer's mother, Jan

Kiefer, has been the assistant to the Willowbrook athletic director for several years. She retired at the end of the 2018-19 school year.

Isaac Trostle, a Villa Park resident and 2010 Willowbrook graduate, won Saturday's race. Trostle posted a first-place time of 17 minutes, 40.7 seconds. Maria (Cicero) Lindberg of Elmhurst finished second.

Lindberg, a 2001 York High School graduate who won IHSA state championships in girls cross country and track, completed the race in second-place time of 18 minutes, 30.9 seconds.

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*Willowbrook boys track and field team competes in postseason meets

Regans takes third in triple jump at sectional; Warriors frosh-soph team excels at WSC Gold meet

By Mike Miazga
CORRESPONDENT

The Willowbrook boys track and field team wrapped up its season with a pair of postseason meets last month.

The Warriors competed in the IHSA Class 3A York sectional in Elmhurst, where they finished ninth as a team with 13 points.

Sergio Ayala finished 16th in the discus throw with a mark of 123-7.

Willowbrook was ninth in the 400-meter relay in 44.87 with CJ Harris, Deandre Holliday, Alex Simmons and D'Onte Gholston. The Warriors were 12th in the 800-meter relay in 1:37.17 with Ron Calhoun, Sean Kramer, Tarell Regans and Casey Rosas.

Willowbrook was sixth in the 1,600-meter relay in 3:38.55 with Simmons, Liam Riesen, Mohammed Aly and Will Stout.

Harris was 13th in the 100-meter dash with a time of 11.74. Gholston took 12th in the 200-meter dash at 23.82, while Holliday was 16th at 23.98.

Simmons was sixth in the 400-meter run at 51.87, while Riesen was 10th at 53.15.

Brandon Heselton was fifth in the 800-meter run at 2:01.43, while Tyler King took sixth at 2:01.65.

King took 10th in the 1,600-meter run at 4:36.77. Matt Caron was 19th with a time of 4:46.33.

Stout took fifth in the 300-meter hurdles with a time of 41.61.

Caron was 15th in the 3,200-meter run with a time of 10:25.20. Aly was 10th in the 110-meter hurdles at 16.28, while Stout was 11th at 16.29.

The Warriors took 11th in the 3,200-meter relay in 9:04.94 with Gavin Hitzeman, Thomas Danielson, Michael Danielson and Nicholas Leo.

Ayala was 11th in the shot put with a throw of 46-5.

Gholston took seventh in the long jump at 20-7. Simmons was 16th at 18-6 1/4.

Regans was third in the triple jump at 43-9, while Calhoun was 14th at 38-3 1/2.

Earlier, Willowbrook competed in

the West Suburban Conference Gold Division championships at Hinsdale South. Harris was ninth in the 100-meter dash at 11.99.

Thomas Florey took fourth in the frosh-soph 100-meter dash at 12.61, while Jaylon White was sixth at 12.80.

Gholston was sixth in the 200-meter dash at 24.33, while Sean Kramer was second in the frosh-soph 200 at 24.88. William Schalk was fourth at 25.52.

Riesen took second in the 400-meter run at 53.38, while Simmons won the frosh-soph 200 in 54.19. Teammate Damian Rocha was third at 56.21.

Heselton was fourth in the 800-meter run at 2:04.93. King won the 800 frosh-soph title at 2:05.58.

Caron took eighth in the 1,600-meter run at 4:51.47. Nick Leo was second in the frosh-soph 1,600 at 4:51.66.

Caron was second in the 3,200-meter run at 10:03.73. Stout took third in the 110-meter hurdles with a time of 16.59. Aly was fifth at 16.88. Hav-

en Pryor was fourth in the frosh-soph 110 hurdles at 18.35.

Stout took second in the 300-meter hurdles with a time of 42.55. Aly was sixth at 45.94.

Pryor won the frosh-soph 300 hurdles title with a time of 45.23.

The Warriors were fifth in the 400-meter relay in 46.20 with Gholston, Harris, Justin Smith and Holliday. Willowbrook won the frosh-soph 400 relay in 46.98 with Kramer, Jaylon White, Simmons and Calhoun.

The Warriors were fourth in the 800-meter relay with a time of 1:36.85. That group included Gholston, Harris, Regans and Holliday. Willowbrook won the frosh-soph 800 relay in 1:38.65 with Calhoun, Kramer, Schalk and Thomas Florey.

The Warriors were fifth in the 1,600-meter relay in 3:40.12 with Heselton, Riesen, Stout and Aly. The Warriors won the 1,600 frosh-soph relay in 3:42.74 with Rocha, Simmons, Lucasz Daszkiewicz and King. Willowbrook was sixth in the

3,200-meter relay in 9:21.10 with Hitzeman, Mike Danielson, Tom Danielson and Heselton.

The Warriors were second in the frosh-soph 3,200 relay in 8:55.14 with Ben Cunneen, Leo, Dan Dowling and King.

Jazmany Mares was fourth in the shot put at 41-9, while Tyler Walenga was fifth at 40-2 1/2. Ayala won the frosh-soph shot put title with a throw of 45-4.

Walenga was sixth in the discus at 117-2, while Mares was eighth at 103-10. Ayala won the frosh-soph discus title at 125-4 1/2.

Holliday tied for third in the high jump at 5-11. Max Goschy tied for third in the frosh-soph high jump at 5-2. Holliday was third in the long jump at 20-3 1/2. Gholston was eighth at 18-11 1/2.

Simmons won the frosh-soph long jump title at 19-3. White was third at 17-7.

Regans was third in the triple jump at 41-5. Calhoun was second in the frosh-soph triple jump at 39-2 and Goschy was third at 36-7 1/2.

*Warriors take part in Kiefer Run/Walk



The participants in Saturday's Lauren M. Kiefer 5K Family Run/Walk included brothers Dallas (bib No. 474) and Michael Isaacson (bib No. 476), both pictured below, of Villa Park. They are pictured near the finish line. Michael, who graduated from Willowbrook in 2018, finished ninth overall, while Dallas placed 10th. Their sister Emily (bib No. 475, at right), a 2016 Willowbrook graduate, finished 11th. Lily Weder (bib No. 927, at left) of Villa Park, who recently finished her freshman year at Willowbrook and is a member of the girls track and field team, finished 19th.

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